

DR PAUL ANDREW BIRD

PhD, GradDipMRI, BMed(Hons), FRACP

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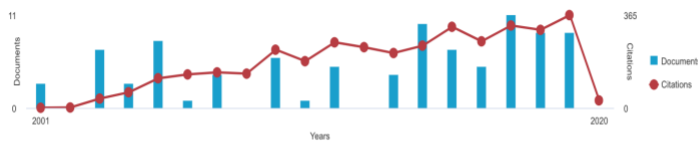
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Dr Paul Bird

Conjoint Associate Professor
St George Clinical School
University of New South Wales
pbird@unsw.edu.au
Rheumatologist

Director
Integrated Specialist Medical Care
Suite 4, Level 1
19 Kensington St.
KOGARAH NSW 2217
Tel +61 2 95870238
Fax +61 2 95537400

Director
Optimus Clinical Research
Suite 4, Level 1
19 Kensington St.
KOGARAH NSW 2217
Tel:+61 2 8964 8186
Email: p.bird@optimusresearch.com.au

Professional Qualifications	
2005	PhD University of New South Wales Assessment of the feasibility, reliability and validity of Magnetic Resonance Imaging as an Outcome measure in Rheumatoid Arthritis
NHMRC Post-Doctoral Research Scholarship 2000-2004	
2004	MRI Graduate Diploma RMIT University
2001	MRI Graduate Certificate RMIT University (Distinction)
1999	Admitted to Fellowship of the Royal Australasian College of Physicians (FRACP)
1993	Bachelor Of Medicine (Hons) University of Newcastle NSW <i>Academic Achievements during undergraduate course</i> 1993 CIBA Geigy Prize Australian Medical Association Award

Appointments

2018 – current	Full member ASAS Assessment of Spondyloarthritis International Society
2017 – current	Associate Editor International Journal of Rheumatic Diseases (IJRD) Official APLAR journal
2015 – current	Chair OMERACT MRI Inflammatory Arthritis group
2015- current	Conjoint Associate Professor University of New South Wales
2015-current	Member GRAPPA International Group for Research and Assessment of Psoriatic Arthritis
2005- 2015	Conjoint Senior Lecturer University of New South Wales
2005-2019	Director OPAL database Optimising Patient Outcomes in Australian Rheumatology
2010-2011	Locum Staff Specialist Rheumatology Department Prince of Wales Hospital Sydney NSW Australia
2007-current	Director Optimus Clinical Research Sydney, NSW, Australia
2003-2007	Chair Professional Affairs Committee Australian Rheumatology Association
2003-2006	Director of Physician Training Royal Australasian College of Physicians St George Physician Training Network

2003-2006	Staff Specialist Rheumatology Department St George Hospital
2002-2005	Conjoint Lecturer University of New South Wales
2000-current	Consultant Rheumatologist Director Combined Rheumatology Practice Sydney, NSW, Australia
2000-2005	Visiting Rheumatologist Riverina Health Service Griffith Base Hospital
2000-2002	Education Advisory Board. Specialist Advisory Committee Rheumatology. Royal Australasian College of Physicians
2001-2004	Co-ordinator of Advanced Training Program for Rheumatology Advanced Trainees NSW

PART 1: TEACHING ACTIVITIES

Post Graduate Student Supervision

2017-current	Faculty Review PhD Thesis Dr Ashish Matthew Imaging Determinants of progression to Psoriatic Arthritis Graduate School of Medicine Vellore India
2014-2018	Co-Supervisor PhD Thesis

The role of tendon and cartilage involvement in pain, loss of function, and disease progression in rheumatoid arthritis – a study based on clinical assessment and imaging

Graduate School of Health and Medical Sciences

University of Copenhagen

Denmark

Candidate: Daniel Erik Malm

2013/2014 Faculty Review
Determinants of Radiographic Severity in Ankylosing Spondylitis
MPhil Confirmation
The University of Queensland Diamantina Institute
Queensland
Australia
Candidate: Steve Truong

2011/12 Co- supervisor
Independent Learning project
Title: Reliability and longitudinal validity of computer-based methods for measuring joint damage progression in subjects with rheumatoid arthritis
Student Name: Mervyn Poh Qi Wei UNSW
University of NSW
Australia

Teaching

Undergraduate

2012 -current

Adult 2 Phase 2 Medical teaching – 4 terms

Tutor Case Discussion on Polyarthritis & Red Eye

Tutor Case Discussion on Acute Knee Pain

Tutor Case Discussion on Musculoskeletal Degeneration

Assignment Grading - Undergraduate

2012 AH2 Medical - three terms

2013 AH2 Medical – three terms

2014 AH1 Medical – two terms

2015 AH1 Medical – two terms

2016 - 2018 AH1 Medical – two terms

Registrar Training

**2020 Convener: Registrar Preceptorship course
Rheumatology and Dermatology Registrar course over 2 days**

**2019 Convener: Registrar Preceptorship course
Rheumatology and Dermatology Registrar course over 2 days**

**2018 Convener: Inaugural Registrar Preceptorship course
Rheumatology and Dermatology Registrar course over 2 days**

2012 - 2017 Long and short cases in preparation for RACP clinical exam –

Clinical examinations

Undergraduate

2012 The Phase 3 ICE (Integrated Clinical Exam), Viva & Portfolio Exam

2014 The Phase 3 ICE (Integrated Clinical Exam), Viva & Portfolio Exam

2015-2018 The Phase 3 ICE (Integrated Clinical Exam), Viva & Portfolio Exam

Postgraduate (Registrars)

Invited Lectures

2019 Chinese Rheumatology Association
Early treatment PARADIGMS in Rheumatoid arthritis
Chinese Rheumatology National Meeting

Chengdu, China October 2019

- 2019 Chinese Rheumatology Association
Convener
China-Australia Rheumatological Academic Exchange Program (CARE PROGRAM) (see attached)
- 2018 American College of Rheumatology Meeting Chicago
Invited lecture pre-course
Technology in the Mobile Domain
Bird P, 2019, 'Imaging in the Mobile Domain', Rheumatic Disease Clinics of North America, vol. 45, pp. 291 - 302
- 2017 World Congress on Controversies, Debates and Consensus in Bone, Muscle and Joint Diseases (BJMD)
Invited lecture
Tapering therapy in spondyloarthropathy: current status
- 2017 South Korean National Rheumatology Meeting
Seoul, South Korea
Invited lecture
Outcomes in RA management: Best Practice now and in the future.
- 2016 Patient Reported outcomes in optimizing patient management in rheumatology. Global Advisory Board New York October 2016
- 2015 Indian National Meeting MRI in Rheumatology
Vellore India
January 16 and 17 2015
- 2014 Australian Rheumatology Association National Meeting
Hobart, Tasmania May 2014
Imaging the Enthesis
Plenary session
- 2013 Imaging: MRI and Rheumatology
NZ National Rheumatology Meeting
May 2013
Auckland NZ



Training courses

2016	MRI Training course for rheumatologists and radiologist: SIJ and SPINE, Sydney Australia
2017	MRI Training course for rheumatologists and radiologist: SIJ and SPINE, Sydney Australia
2018	APLAR MRI Training course for rheumatologists and radiologist: SIJ and SPINE, Dubai, UAE
2019	APLAR MRI Training course for rheumatologists and radiologist: SIJ and SPINE, Brisbane Australia
2019	MRI Training course for rheumatologists and radiologist: SIJ and SPINE, Sydney Australia
2020	MRI Training course for rheumatologists and radiologist: SIJ and SPINE, Sydney Australia

PART II: RESEARCH

Director
Optimus Clinical Research
Principal Investigator

Major studies 2015-2020 Independent Research

Title: Vertebroplasty for Acute Painful Osteoporotic vertebral fractURes.

VAPOUR Trial

RESEARCHERS: Dr. William Clark, A/Prof T.H.Diamond, Professor Patrick McNeil, A/Prof Peter Gonski, A/Prof Peter Smerdely, Dr Glen Schlaphoff, Dr Murali Guduguntla, Dr Paul Bird and colleagues.

120 patients randomized blinded study to assess the efficacy of cement vertebroplasty vs placebo in acute vertebral fracture

Funding: Care Fusion USA Unrestricted educational grant \$520,000

Clark W; Bird P; Gonski P; Diamond TH; Smerdely P; McNeil HP; Schlaphoff G; Bryant C; Barnes E; GebSKI V, 2016, 'Safety and efficacy of vertebroplasty for acute painful osteoporotic fractures (VAPOUR): a multicentre, randomised, double-blind, placebo-controlled trial', *The Lancet*, vol. 388, pp. 1408 - 1416, [http://dx.doi.org/10.1016/S0140-6736\(16\)31341-1](http://dx.doi.org/10.1016/S0140-6736(16)31341-1)(link is external)

APREMILAST Imaging trial PsA

Researchers: Paul Bird, Stephen Hall

Magnetic Resonance Imaging demonstrates resolution of inflammatory features in a significant proportion of Psoriatic Arthritis in subjects treated with apremilast.

Bird, Paul; Feletar, Marie; Staples, Margaret; Hall, Stephen

University of New South Wales, Optimus Research, Emeritus Research, Monash University School of Biomedical Sciences, Emeritus Research

Funding: Celgene Unrestricted educational grant \$320,000

MRI OMERACT INTERNATIONAL RESEARCH GROUP
(see publication list below)

Chair

Development of an MRI based scoring method for assessing RA in clinical trials (RAMRIS)

Development of an MRI based scoring system for Psoriatic Arthritis (PsAMRIS)

Development of a JSN based scoring system for RA

Development of an MRI base scoring system for OA

Assessment of computerized scoring methods for assessment of erosions in RA

Development of a whole body MRI scoring system for enthesal involvement

Major achievements have included the development of scoring systems to allow measurement of outcome MRI imaging in clinical trials and practice (selected key publications listed below – full publication list presented later in CV)

Rheumatoid Arthritis

Conaghan P; Bird P; Ejbjerg B; O'Connor P; Peterfy C; McQueen F; Lassere M; Emery P; Shnier R; Edmonds J, 2005, 'The EULAR-OMERACT rheumatoid arthritis MRI reference image atlas: The metacarpophalangeal joints', *Annals of the Rheumatic Diseases*, vol. 64, <http://dx.doi.org/10.1136/ard.2004.031815>(link is external)

Ejbjerg B; McQueen F; Lassere M; Haavardsholm E; Conaghan P; O'Connor P; Bird P; Peterfy C; Edmonds J; Szkudlarek M, 2005, 'The EULAR-OMERACT rheumatoid arthritis MRI reference image atlas: The wrist joint', *Annals of the Rheumatic Diseases*, vol. 64, <http://dx.doi.org/10.1136/ard.2004.031823>(link is external)

Bird P; Conaghan P; Ejbjerg B; McQueen F; Lassere M; Peterfy C; Edmonds J; Shnier R; O'Connor P; Haavardsholm E, 2005, 'The development of the EULAR-OMERACT rheumatoid arthritis MRI reference image atlas', *Annals of the Rheumatic Diseases*, vol. 64, <http://dx.doi.org/10.1136/ard.2004.031807>(link is external)

Østergaard M; Edmonds J; McQueen F; Peterfy C; Lassere M; Ejbjerg B; Bird P; Emery P; Genant H; Conaghan P, 2005, 'An introduction to the EULAR-OMERACT rheumatoid arthritis MRI reference image atlas', *Annals of the*

Rheumatic Diseases, vol. 64, <http://dx.doi.org/10.1136/ard.2004.031773>(link is external)

McQueen F; Østergaard M; Peterfy C; Lassere M; Ejbjerg B; Bird P; O'Connor P; Genant H; Shnier R; Emery P, 2005, 'Pitfalls in scoring MR images of rheumatoid arthritis wrist and metacarpophalangeal joints', *Annals of the Rheumatic Diseases*

Bird P; Ejbjerg BO; Lassere M; Østergaard M; McQueen F; Peterfy C; Haavardsholm E; O'Connor P; Genant H; Edmonds J, 2007, 'A multireader reliability study comparing conventional high-field magnetic resonance imaging with extremity low-field MRI in rheumatoid arthritis', *Journal of Rheumatology*, vol. 34, pp. 854 - 856

Conaghan PG; Ejbjerg BO; Lassere M; Bird P; Peterfy C; Emery P; McQueen F; Haavardsholm E; O'Connor P; Edmonds J, 2007, 'A multicenter reliability study of extremity-magnetic resonance imaging in the longitudinal evaluation of rheumatoid arthritis', *Journal of Rheumatology*, vol. 34, pp. 857 - 858

Psoriatic arthritis

Østergaard M; McQueen F; Wiell C; Bird P; Bøyesen P; Ejbjerg B; Peterfy C; Gandjbakhch F; Duer-Jensen A; Coates L, 2009, 'The OMERACT Psoriatic Arthritis Magnetic Resonance Imaging Scoring System (PsAMRIS): Definitions of key pathologies, suggested MRI sequences, and preliminary scoring system for PsA hands', *Journal of Rheumatology*, vol. 36, pp. 1816 - 1824, <http://dx.doi.org/10.3899/jrheum.090352>(link is external)

McQueen F; Lassere M; Bird P; Haavardsholm EA; Peterfy C; Conaghan PG; Ejbjerg B; Genant H; O'Connor P; Emery P, 2007, 'Developing a magnetic resonance imaging scoring system for peripheral psoriatic arthritis', *Journal of Rheumatology*, vol. 34, pp. 859 - 861

Major Phase three studies 2015-2020

Bird, Paul Principal Investigator

A Randomized, Double-Blind, Placebo-Controlled, Parallel-Group, Phase 3 Study of Baricitinib in Patients with Systemic Lupus Erythematosus

A Randomized, Active-Controlled, Parallel-Group, Phase 3b/4 Study of Baricitinib in Patients with Rheumatoid Arthritis

A Multicentre, Randomised, Double-blind, Placebo-controlled, Phase 3 Study Evaluating the Efficacy and Safety of Two Doses of Anifrolumab in Adult Subjects with Active Systemic Lupus Erythematosus

A Multicentre, Randomised, Double-blind, Placebo-Controlled Phase 3 Extension Study to Characterise the Long-term Safety and Tolerability of Anifrolumab in Adult Subjects with Active Systemic Lupus Erythematosus

A Phase 2B, double-blind, randomized, placebo-controlled, multicentre, dose ranging study to evaluate the efficacy and safety profile of PF-06700841 in participants with active systemic lupus erythematosus (SLE)

A Phase 2, randomized, double-blind placebo-controlled study to test the efficacy and safety of KPL-301(Mavrilimumab) in giant cell arteritis

A Comparison of effectiveness after transition to Brenzys (etanercept biosimilar) versus continuation of Enbrel among rheumatoid arthritis (RA) patients on stable doses of Enbrel: A prospective multinational multicenter observational study (COMPANION-B)

A Phase 3, Multicenter Study to Evaluate the Long-Term Safety and Efficacy of Baricitinib in Patients with Rheumatoid Arthritis

A 52-Week Multicenter, Randomized, Open-Label, Parallel- Group Study Evaluating the Efficacy and Safety of Ixekizumab versus Adalimumab in Patients with Psoriatic Arthritis Who Are Biologic Disease-Modifying Anti-Rheumatic Drug Naïve

Phase 3 Safety and Efficacy Study of Upadacitinib in Subjects with Giant Cell Arteritis

Classification of Axial Spondyloarthritis Inception Cohort (CLASSIC) study. An international study to define optimal classification criteria for spondyloarthropathy.

A Phase 3, Randomized, Double-blind, Placebo and Adalimumab-controlled Study To Evaluate the Efficacy and Safety of Filgotinib in Subjects with Active Psoriatic Arthritis Who Are Naïve to Biologic DMARD Therapy

A Phase 3, Randomized, Double-blind, Placebo-controlled Study to Evaluate the Efficacy and Safety of Filgotinib in Subjects with Active Psoriatic Arthritis Who Have an Inadequate Response or are Intolerant to Biologic DMARD Therapy

A Phase 3 Randomized, Placebo-Controlled, Double-Blind Program to Evaluate Efficacy and Safety of Upadacitinib in Adult Subjects with Axial Spondyloarthritis

A 52-week, phase 3, multicentre, randomised, double blind, efficacy and safety study, comparing GSK3196165 with placebo and with tofacitinib in combination with conventional synthetic DMARDs, in participants with moderately to severely active rheumatoid arthritis who have an inadequate response to conventional synthetic DMARDs or biologic DMARDs.

A long-term, open-label follow-up study of cp-690,550, a moderately selective janus-kinase-3 inhibitor, for treatment of rheumatoid arthritis

A phase 3b/4 randomized double blind placebo controlled study of Methotrexate (mtx) withdrawal in subjects with Rheumatoid Arthritis treated with Tofacitinib 11mg modified release formulation

A Phase 3, Randomized, Double-Blind Study Comparing ABT-494 to Placebo and to Adalimumab in Subjects with Moderately to Severely Active Rheumatoid Arthritis Who are on a Stable Background of Methotrexate (MTX) and Who Have an Inadequate Response to MTX

A phase 3, randomized, double-blind, study comparing ABT-494 to placebo in subjects with active psoriatic arthritis who have a history of inadequate response to at least one biologic disease modifying anti-rheumatic drug (bDMARD)

A multicenter, randomized, double blind, placebo-controlled, Parallel group study to evaluate the efficacy and safety of Sirukumab in the treatment of patients with giant cell arteritis.

Proportion of subjects in sustained remission at Week 52 for sirukumab (100 mg every 2 weeks [q2w] for 12 months) as compared to placebo, each administered in addition to a 6-month prednisone treatment regimen [Time Frame: Week 52]

Sustained remission at Week 52 is defined as having achieved all of the following:
Remission by Week 12; Absence of disease flare following remission at Week 12 through Week 52; Completion of the assigned prednisone taper protocol; No requirement for rescue therapy any time through Week 52.

KPL-301 for Subjects With **Giant Cell Arteritis**

A Phase 2, Randomized, Double-blind Placebo-controlled Study to Test the Efficacy and Safety of KPL-301 in **Giant Cell Arteritis**.

A Study of Baricitinib in Participants With **Systemic Lupus Erythematosus (SLE)**

A Phase 3, Double-Blind, Multicenter Study to Evaluate the Long-Term Safety and Efficacy of Baricitinib in Patients With **Systemic Lupus Erythematosus (SLE)**

Efficacy and Safety of Two Doses of Anifrolumab Compared to Placebo in Adult Subjects With Active **Systemic Lupus Erythematosus**

A Multicentre, Randomised, Double-blind, Placebo-controlled, Phase 3 Study Evaluating the Efficacy and Safety of Two Doses of Anifrolumab in Adult Subjects With Active **Systemic Lupus Erythematosus**

A Randomized, Double-Blind, Placebo-Controlled, Phase 3 Study to Evaluate the Efficacy and Safety of Baricitinib (LY3009104) in Patients With Inadequate Response to Conventional Disease-Modifying Antirheumatic Drugs With Moderately to Severely Active Rheumatoid Arthritis

A Randomized, Double-Blind, Placebo-Controlled, Phase 3 Study Evaluating the Efficacy and Safety of Baricitinib (LY3009104) in Patients With Moderately to Severely Active Rheumatoid Arthritis Who Have Had an Inadequate Response to Tumor Necrosis Factor Inhibitors

A Phase III, Randomized, Double-blind, Placebo-controlled Study of Subcutaneous Secukinumab in Autoinjectors, to Demonstrate Efficacy at 24 Weeks and Long Term Safety and Efficacy up to 3 Years in Subjects With Active Psoriatic Arthritis

PUBLICATIONS

Sundin U; Østergaard M; Glinatsi D; Aga AB; Hørslev-Petersen K; Hetland ML; Stengard-Pedersen K; Junker P; Ejbjerg BJ; Bird P, 2019, 'Validity and responsiveness of combined inflammation and combined joint damage scores based on the OMERACT rheumatoid arthritis MRI scoring system (RAMRIS)', *Journal of Rheumatology*, vol. 46, pp. 1222 - 1227, <http://dx.doi.org/10.3899/jrheum.181064>(link is external)

Mathew AJ; Krabbe S; Kirubakaran R; Barr AJ; Conaghan PG; Bird P; Østergaard M, 2019, 'Utility of magnetic resonance imaging in diagnosis and monitoring enthesitis in patients with spondyloarthritis: An OMERACT systematic literature review', *Journal of Rheumatology*, vol. 46, pp. 1207 - 1214, <http://dx.doi.org/10.3899/jrheum.181083>(link is external)

Krabbe S; Eshed I; Gandjbakhch F; Pedersen SJ; Bird P; Mathew AJ; Lambert RG; Maksymowych WP; Glinatsi D; Stoenoiu MS, 2019, 'Development and validation of an OMERACT MRI whole-body score for inflammation in peripheral joints and entheses in inflammatory arthritis (MRI-WIPE)', *Journal of Rheumatology*, vol. 46, pp. 1215 - 1221, <http://dx.doi.org/10.3899/jrheum.181084>(link is external)

Mathew AJ; Krabbe S; Eshed I; Gandjbakhch F; Bird P; Pedersen SJ; Stoenoiu MS; Foltz V; Glinatsi D; Lambert RG, 2019, 'The OMERACT MRI in enthesitis initiative: Definitions of key pathologies, suggested MRI sequences, and a novel heel enthesitis scoring system', *Journal of Rheumatology*, vol. 46, pp. 1232 - 1238, <http://dx.doi.org/10.3899/jrheum.181093>(link is external)

Bird P; Hall S; Nash P; Connell CA; Kwok K; Witcombe D; Thirunavukkarasu K, 2019, 'Treatment outcomes in patients with seropositive versus seronegative rheumatoid arthritis in Phase III randomised clinical trials of tofacitinib', *RMD Open*, vol. 5, <http://dx.doi.org/10.1136/rmdopen-2018-000742>(link is external)

Diamond T; Clark W; Bird P; Gonski P, 2019, 'Percutaneous Vertebroplasty for Acute Painful Osteoporotic Vertebral Fractures—Benefits Shown in VAPOUR Trial Masked When Pooled With Other Clinical Trials', *Journal of Bone and Mineral Research*, vol. 34, pp. 1182 - 1184, <http://dx.doi.org/10.1002/jbmr.3725>(link is external)

Bird P, 2019, 'Imaging in the Mobile Domain', *Rheumatic Disease Clinics of North America*, vol. 45, pp. 291 - 302, <http://dx.doi.org/10.1016/j.rdc.2019.01.002>(link is external)

Clark W; Bird P; Diamond T; Gonski P; Gebiski V, 2019, 'Cochrane vertebroplasty review misrepresented evidence for vertebroplasty with early intervention in severely affected patients', *BMJ Evidence-Based Medicine*, <http://dx.doi.org/10.1136/bmjebm-2019-111171>(link is external)

Nicholls D; Barrett R; Button P; Truman M; Bird P; Roberts L; Tymms K; Littlejohn G; Griffiths H, 2018, 'Effectiveness of biologics in Australian patients

with rheumatoid arthritis: a large observational study: REAL', *Internal Medicine Journal*, vol. 48, pp. 1185 - 1192, <http://dx.doi.org/10.1111/imj.14028>(link is external)

Wells AF; Edwards CJ; Kivitz AJ; Bird P; Nguyen D; Paris M; Teng L; Aelion JA, 2018, 'Apremilast monotherapy in DMARD-naive psoriatic arthritis patients: Results of the randomized, placebocontrolled PALACE 4 trial', *Rheumatology (United Kingdom)*, vol. 57, pp. 1253 - 1263, <http://dx.doi.org/10.1093/rheumatology/key032>(link is external)

Bird P; Peterfy C; Countryman P; Griffiths H; Barrett R; Youssef P; Joshua F; Hall S, 2018, 'AC-CUTE: An Open-Label Study to Evaluate Progression of Structural Joint Damage and Inflammation in Subjects with Moderate to Severe Rheumatoid Arthritis', *International Journal of Rheumatology*, vol. 2018, <http://dx.doi.org/10.1155/2018/8721753>(link is external)

Tymms K; Littlejohn G; Griffiths H; de Jager J; Bird P; Joshua F; Nash P; Handel M; McManus H; Butcher BE, 2018, 'Treatment patterns among patients with rheumatic disease (rheumatoid arthritis (RA), ankylosing spondylitis (AS), psoriatic arthritis (PsA) and undifferentiated arthritis (UnA)) treated with subcutane', *Clinical Rheumatology*, vol. 37, pp. 1617 - 1623, <http://dx.doi.org/10.1007/s10067-018-4105-3>(link is external)

Aitken D; Laslett LL; Pan F; Haugen IK; Otahal P; Bellamy N; Bird P; Jones G, 2018, 'A randomised double-blind placebo-controlled crossover trial of HUMira (adalimumab) for erosive hand Osteoarthritis – the HUMOR trial', *Osteoarthritis and Cartilage*, vol. 26, pp. 880 - 887, <http://dx.doi.org/10.1016/j.joca.2018.02.899>(link is external)

Mathew AJ; Bird P; Gupta A; George R; Danda D, 2018, 'Magnetic resonance imaging (MRI) of feet demonstrates subclinical inflammatory joint disease in cutaneous psoriasis patients without clinical arthritis', *Clinical Rheumatology*, vol. 37, pp. 383 - 388, <http://dx.doi.org/10.1007/s10067-017-3895-z>(link is external)

Jones G; Hall S; Bird P; Littlejohn G; Tymms K; Youssef P; Chung E; Barrett R; Button P, 2018, 'A retrospective review of the persistence on bDMARDs prescribed for the treatment of rheumatoid arthritis in the Australian population', *International Journal of Rheumatic Diseases*, vol. 21, pp. 1581 - 1590, <http://dx.doi.org/10.1111/1756-185X.13243>(link is external)

Tymms K; Kelly A; Bird P; Griffiths H; de Jager J; Littlejohn G; Louw S; Roberts L; Youssef P; Zochling J, 2018, 'Psoriatic arthritis treatment regimens, therapy duration and reasons for cessation in the biologics era: A multi-centre Australian study', *International Journal of Rheumatic Diseases*, vol. 21, pp. 510 - 516, <http://dx.doi.org/10.1111/1756-185X.13127>(link is external)

Brown MA; Bird PA; Robinson PC; Mease PJ; Van Den Bosch F; Surian C; Jones H; Szumski A; Marshall L; Wiid Z, 2018, 'Evaluation of the effect of baseline MRI sacroiliitis and c reactive protein status on etanercept treatment response in non-radiographic axial spondyloarthritis: A post hoc analysis of the

EMBARC stud', *Annals of the Rheumatic Diseases*, vol. 77, pp. 1090 - 1093, <http://dx.doi.org/10.1136/annrheumdis-2017-211313>(link is external)

Bird P; Diamond T; Clark WA, 2017, 'Vertebroplasty for acute painful osteoporotic fracture', *Medical Journal of Australia*, vol. 207, pp. 279 - 281.e1, <http://dx.doi.org/10.5694/mja16.01423>(link is external)

Smolen JS; Kremer JM; Gaich CL; Delozier AM; Schlichting DE; Xie L; Stoykov I; Rooney T; Bird P; Sánchez Bursón JM, 2017, 'Patient-reported outcomes from a randomised phase III study of baricitinib in patients with rheumatoid arthritis and an inadequate response to biological agents (RA-BEACON)', *Annals of the Rheumatic Diseases*, vol. 76, pp. 694 - 700, <http://dx.doi.org/10.1136/annrheumdis-2016-209821>(link is external)

Roberts L; Tymms K; De Jager J; Littlejohn G; Griffiths H; Nicholls D; Bird P; Young J; Hill J; Zochling J, 2017, 'The CEDAR Study: A longitudinal study of the clinical effects of conventional DMARDs and biologic DMARDs in Australian rheumatology practice', *International Journal of Rheumatology*, vol. 2017, <http://dx.doi.org/10.1155/2017/1201450>(link is external)

Clark W; Bird P; Diamond T; Gonski P; Barnes E; GebSKI V, 2017, 'Criticisms of the VAPOUR trial in a recent commentary are unsubstantiated and incorrect', *Evidence-Based Medicine*, vol. 22, pp. 116 - 117, <http://dx.doi.org/10.1136/ebmed-2017-110737>(link is external)

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Truong SL; Saad NF; Robinson PC; Cowderoy G; Lim I; Schachna L; Stebbings S; Stuckey S; Taylor AL; Whittle SL, 2017, 'Consensus statements on the imaging of axial spondyloarthritis in Australia and New Zealand', *Journal of Medical Imaging and Radiation Oncology*, vol. 61, pp. 58 - 69, <http://dx.doi.org/10.1111/1754-9485.12573>(link is external)

Kavanaugh A; Gladman D; Edwards CJ; Airi P; Lioté F; Bird P; Schett G; Nguyen D; Lichen T; Pinton P, 2016, 'L'aprémilast, un inhibiteur oral de la phosphodiesterase 4, est associé à une amélioration à long terme (104 sem.) de la fatigue chez les patients atteints de rhumatisme psoriasique : résultats regroupés', *Revue du Rhumatisme (Edition Française)*, vol. 83, pp. A248 - A249, [http://dx.doi.org/10.1016/S1169-8330\(16\)30588-9](http://dx.doi.org/10.1016/S1169-8330(16)30588-9)(link is external)

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China-Australia Rheumatological Academic Exchange Program (CARE PROGRAM)

Background and Objectives of CARE program

Although the diagnosis and treatment of Rheumatic diseases in Asia-Pacific (AP) has been making progress in recent years, Australia is still recognized as one of the most advanced countries in AP when it comes to the management of patients with rheumatic diseases and clinical research.

The China International Medical Exchange Foundation and Youth Committee of Chinese Rheumatology association co-initiated the China-Australia Rheumatological Academic Exchange Program (CARE program), which is sponsored by Xian Janssen Pharmaceutical Lts.

The purpose of the program is to:

- Facilitate the sharing of best practice between Australian and Chinese rheumatologists.
- To discuss the opportunities of collaboration between Australia and China in the future.

Convener: Conjoint Associate Professor Paul Bird University of New South wales, Sydney, Australia.

Date and location:

Date: 21st – 25th Jan, 2019

Location: **Hotel:** Four Point By Sheraton Sydney Central (Meeting room: Laden)
Hospital: Liverpool Hospital, Sydney (Day 5)

Participants from China

No	Name	Hospital
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1	Prof. Mengtao Li	Peking Union Medical College Hospital
2	Prof. Rong Mu	Peking University People's Hospital
3	A/P. Qian Wang	Peking Union Medical College Hospital
4	A/P. Yanping Zhao	The First Affiliated Hospital of Harbin Medical University
5	Prof. Pinting Yang	The First Hospital of China Medical University
6	Prof. Hongyan Wen	Second hospital of Shanxi Medical University
7	A/P. Xue-Yi Li	The Second Affiliated Hospital of Xi'an Jiaotong University
8	A/P. Wenfeng Tan	Jiangsu Province Hospital
9	Prof. Sheng Chen	Shanghai Renji Hospital
10	A/P. Ting Li	Shanghai Renji Hospital
11	A/P. Lanling Zhang	Changhai Hospital
12	A/P. Li Sun	The First Affiliated Hospital of Wenzhou Medical University
13	A/P. Yi Zhao	West China Hospital
14	Prof. Xiao Zhang	Guangdong General Hospital
15	A/P. Zhiming Lin	The Third Affiliated Hospital, Sun Yat-sen University

Faculty from Australia

No	Name	Hospital
1	A/P. Paul Bird	University of NSW & Rheumatology Specialist Care
2	Dr. Irwin Lim & Dr Herman Lau	BJC Health NSW
3	A/P. Alan Sturgess	St George Hospital, NSW
4	A/P. Peter Nash	University of Queensland and Director of the Rheumatology Research Unit on the Sunshine Coast.
5	Dr. Mona Marabani	Campsie, NSW
6	A/P. Fredrick Joshua	Rheumatology Specialist Care, NSW
7	Dr. Hedley Griffiths	Barwon Rheumatology Services
8	Dr. Geraldine Hassett	Director of Rheumatology, Liverpool Hospital NSW
9	A/P. Kathy Gibson	Liverpool Hospital, NSW
10	A/P. Andrew Ostor	Cabrini Medical Centre and PI at Emeritus Research, Melbourne.

Agenda (provisional)

Day 1: Welcome Monday January 21	
19:00-21:00	<p>Introductory Dinner and Opening Remarks Dinner Lecture: Management of rheumatic inflammatory disease: The Australian experience <i>Speakers Dr. Irwin Lim and Dr. Herman Lau</i></p>
Day 2 :Pathogenic Basis for Clinical Practice Tuesday January 22	
08:30-09:30	<p>Welcome and Introduction to the University of New South Wales How is rheumatology practiced in Australia? <i>A/Prof Paul Bird</i></p> <p>How is rheumatology practiced in China? (Focus on the development history and status quo of rheumatology in China) <i>Chinese Speaker: Prof Mengtao Li (Chairman of CRA youth committee)</i></p>
09:30-10:15	<p>Immunology: The scientific basis of rheumatic disease State of the Art <i>A/Prof Alan Sturgess</i></p>
10:15-10:45	Break
10:45-12:00	<p>Pathogenesis of Rheumatologic Diseases State of the Art: PsA and Ankylosing Spondylitis: <i>A/Prof Peter Nash</i></p>
12:00-13:00	Lunch
13:00-14:00	<p>Pathogenesis of Rheumatologic Diseases State of the Art RA: <i>A/Prof Peter Nash</i></p>
14:00-15:30	<p>Case studies: Chinese and Australian rheumatologists to present case studies and discuss management <i>Moderator: A/Prof Paul Bird</i></p>
Day 3: Clinical Strategies Wednesday January 23	
08:30-10:00	<p>Optimizing Outcomes: Optimal use of biologic agents in RA, PsA AS, and SLE (supplement) Australian perspective: <i>Dr. Mona Marabani</i> Chinese perspective: Focus on clinical trial discussion <i>Prof Qian Wang (overall introduction of CREDIT database)</i></p>

	Prof <u>Rong Mu</u> (RA, 15 min) Prof <u>Yi Zhao</u> (AS, 15 min) Prof. <u>Wenfeng Tan</u> (PsA, 15 min)
10:00-10:30	Break
10:30-12:30	Modern Imaging methods RA, <u>PsA</u> and AS MRI <i>A/Prof Paul Bird</i> RA, <u>PsA</u> Ultrasound <i>A/Prof Fredrick Joshua</i>
12:30-13:30	Lunch
13:30-15:30	Patient Centric Approach to treatment and Management Strategies in The OPAL experience <i>Dr Hedley Griffiths</i>

Day 4: Building Evidence for the future Thursday January 24	
08:30-10:30	Optimizing Outcomes: Optimal treatment in SLE and connective tissue diseases Au and Chinese Perspective: focus on clinical trial discussion <i>A/Prof Andrew Ostor</i> <i>Prof. Sheng Chen (SLE, 15min)</i> <i>Prof. <u>Pingting Yang</u> (SLE, 15min)</i> <i>Prof. <u>Qian Wang</u> (Scleroderma, 15min)</i>
10:30-11:00	Break
11:00-12:30	Understanding the Data and the Endpoints of Clinical Trials <i>A/Prof Andrew Ostor</i>
12:30-13:30	Lunch
13:30-15:30	Case Studies: Chinese and Australian rheumatologists to present case studies and discuss management. <i>Moderator: A/Prof Paul Bird and A/Prof Andrew Ostor</i>
15:30-16:00	Concluding Remarks

Day 5: The Multidisciplinary Approach to state of the art treatment Friday January 25	
08:30-9:15	Introduction to the Rheumatology Clinic Tour of the rheumatology clinic at Liverpool Hospital <i>Dr Geraldine Hassett Department Head</i>
9:15-10:30	Patient Reported Outcomes <i>A/Prof. Kathy Gibson</i>
10:30-11:00	Break
11:00-12:30	Effective Monitoring and Safety Considerations of Biological Treatment <i>Liverpool Hospital clinic staff</i>
12:30-13:15	Lunch and return to venue
13:15-14:00	
14:00-16:00	Case studies: Chinese and Australian rheumatologists to present case studies and discuss management <i>Moderator: A/Prof Paul Bird</i>
16:00-17:00	Summarizing Key Learning Points Prospect for cooperation sharing between Chinese and Australian rheumatologists <i>Participants</i>